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### Gifts up to \$199

Jennifer Aguglia  
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Karl Connolly  
Margaret O. Cromwell Family Fund  
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Rachel Edds  
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Mt. Washington Tavern  
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Georgeann Roeder  
Kathryn Rouse  
Beatrice Royster  
Pamela Runfola\*\*\*  
Katie Schmitz  
Matt Schnell  
Elizabeth Sebastiao  
Dennis & Allison Shea  
Susannah Siger  
Rev. Ernest & Mrs. Rosemary Smart  
Elizabeth Williams & Catherine  
Stambaugh  
Evelyn R. Stewart  
Dr. Nancy Strahan\*  
Lisa F Szymanski  
Dr. John A & Mrs. Susan Talbott\*\*\*\*\*  
Gary C. & Ann Towner\*\*\*  
Trohiv Home & Gift  
Susan Truitt  
Sidney Turner  
Union Craft Brewing  
Aaron Lubliner-Walters  
Jean W. Wareheim\*  
Isobel & Jeremy Weiner\*\*  
Therese West  
Jules & Froma Willen  
Diane C. Williams  
Margaret Williams  
Thomas Zirpoli

### Cardiology

George Moran, MD

### Gynecology

Shoghag Lajinian, MD  
Lisa Scotti, CRNP

### Nephrology

Donna Myers, MD

### Psychiatrist

Bernadette Solounias, MD

### Pharmacist

Kathleen Cook, PharmD

### Nursing

Maureen Allen, RN  
Susan Anderson, RN  
Janice Carico, RN  
Rung Chen, CNA  
Susan Doory, RN  
Vivien Echekwubelu, RN  
Elizabeth Gerst, RN  
Natasha Johnson, RN  
Walter L Jones Jr., MPH, RN  
Se Eun Lee, RN  
Daisy Lopez-Martinez, RN  
Gyasi Moscou-Jackson, RN  
Jaclyn Sesso, RN  
Joanne Timmel, RN  
Karen Vundla, RN

### Community Partners

Institute for Integrative Health  
Johns Hopkins University  
Kaplan University  
Loyola University  
Maryland University for Integrative  
Health  
MedStar Good Samaritan Hospital  
MedStar Union Memorial Hospital  
Purdue University Global  
SOURCE  
Towson University

## Our Volunteers

### Medical Unit

#### Internal Medicine

Martin Binstock, MD  
Elizabeth Bower, MD  
Michael Brave, MD  
Shelly Choo, MD  
Tracey Chunn, MD  
Marianne Cloeren, MD  
Melissa DeLong, MD  
Kathryn Handy, DNP  
Janet Horn, MD  
Fern Jeffries, MD  
Marshala Lee, MD  
Kenneth Lewis, MD  
Chimene Liburd, MD  
Cliff Mitchell, MD  
Karoline Moon, MD  
George Moran, MD  
Marguerite Moran, MD  
Andreea Olaru, MD  
Joan Ordman, MD  
Katia Reinert, CRNP  
Lisa Scotti, CRNP  
Jodi Segal, MD  
Candrea Smith, CRNP  
Annie Umbricht, MD  
Donald Weglein, MD  
Leana Wen, MD  
Therese West, CRNP  
Paula Woo, MD  
Cheryl Young, CRNP  
MedStar Resident  
University of MD Resident

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Daisy Lopez-Martinez, RN  
Gyasi Moscou-Jackson, RN  
Jaclyn Sesso, RN  
Joanne Timmel, RN  
Karen Vundla, RN

### Nurse's Station Administration

Nicole Bonsavage  
Isabelle Ciaverelli  
Amy Frautschi, MPH  
Esther Fuzayl  
Brooke Kafami, RN  
Rivka Katz  
Kuntal Pattanayak, PhD  
Jen Tayabji  
Julia Zirpoli

### Nursing Student

Chioma Amenechi  
Eliana Berman  
Kamilia Butler-Peres  
Jessica Carducci  
Olujumoke Davies  
Marissa Denton  
Janai Giles  
Kwan Pyo Hong  
Brooke Kafami  
Moses Karogi  
Meridith Kerr  
Jessica Knighton  
Lily Law  
Patience Lekey  
Elizabeth Merrill  
Ellen Parker  
DomiQue Sampson  
Jessica Tafel  
Kristi Twigg  
Renee Udich  
Gilbert Wairia

### Phlebotomist

Esther Bernstein  
Charisma Burrows  
Julia Zirpoli

### Prescription Assistance Program

Jasmine Bryant, PharmD  
Brittany Peak  
Pat Thompson

### Scribe

Daniel Shats

### Front Office

Luke Bonanni  
Brandon Buoniaiuto  
Eliza Nichols Calkins  
Olivia Choi  
Jason Codrington  
Koral Cohen  
Rory Cole  
Simidele Davis  
Asim Dhungana  
Ernest Ekunseitan  
RJ Gitter  
Matthew Goynatsky  
Caroline Guterres  
Hallmon Hughes  
Laura Judkis  
Nafaida Jumriyani  
Zoya Khan  
Nick Khosravian  
Bo Hyun Kim  
Giuliana Lee  
Aliden Caldwell-Gaines, LMT, RYT  
Niya Werts, PhD, LMT

Deirdre Moultrie  
DanaRose Negro  
Abiodun Oni  
Kari Parreco  
Fenguese Pierre  
Abigail Schwalm  
Vivek Singh  
Jessica Tan  
Judy Wang  
Ronald Wang  
Christina Yarborough  
Bethany York  
Emma Zeng  
Mia Zhu

### Work Study Interns

Valentina Alzate  
So-yun Kim  
Kristin Knight  
Michelle Ryder  
Taylor Stofko

### Behavioral Health Program

#### Behavioral Health Providers

Leslie Brown, LCSW-C  
Edward Geraty, LCSW-C  
Cate McCarthy, PhD., LCSW-C

#### Behavioral Health Interns

Julie Butchart  
Dana Kravitz  
Erin Maxwell  
Laurie Smith

### Joy Wellnes Center

#### JW Administrative

Anna Flickinger  
Zykira Hill  
Harsha Malapati  
Eva Okedele, MPH

#### JWC Intern

Chichi Akujobi  
Olivia Carter  
Hilena Gebre  
Aminata Momo  
Grace Windheim

### Integrative Health Coach

Amy Kozak, IHC, RYT

### Nutrition Intern

Anna Bakhshi  
Ashley Balderson  
Julie Gessler  
Sharon Kauffman  
Courtney Mecca  
Danielle Reynolds-Flatt  
Vida Semsarzadeh

### Acupuncture

Jahi Khalfani, LAc  
Jeanie Lee, LAc  
Andrea Marx, MD, LAc  
Mary Welliver-Dillonm Lac

### Massage Therapy

Aliya Baskerville, LMT  
Alden Caldwell-Gaines, LMT, RYT  
Niya Werts, PhD, LMT

### Reflexology

Graham Phillips

### Workshop Leader

Vivek Singh

### Yoga

Tina Carroll, RYT  
Renee Conway, RYT  
Amy Kozak, IHC, RYT  
Kerry Martinez, RYT  
Nicole Scott, RYT  
Elizabeth Sebastiao, RYT  
Gretchen Van Utt, RYT

### Community Service/Outdoor Landscaping

Nicole Duran  
Gia Grier  
Eli Lopatin  
Nairuti Shastry

### Administrative Unit

#### Administration

Tiara Askew  
Jenna DiFilippo  
Anna Flickinger  
Megan Fong  
Lisa Hoffman  
Zoya Khan  
Minjoo Kim  
Thomas Marine  
Al McComas  
Sara Westergard  
Kevin Callahan

#### Grant Writer

Libby Aldridge  
Shreya Hariyani  
Cliff Mitchell, MD

### Annual Fundraiser

Libby Aldridge  
Jason Codrington  
Laura Henderson  
Hallmon Hughes  
Sol Iriarte  
Esther Makanjuola, CRNP  
Thomas Marine  
Mary Middleton  
Amy Nguyen  
Jessica Tan  
Joanne Timmel  
Karen Vundla  
Bethany York  
Yuri Zietz

### Building & Maintenance

Brandon Buoniaiuto  
Nicole Duran  
Alfred Fracchia  
Bryon Fracchia  
Gia Grier  
Eli Lopatin  
Naruti Shastry

### IT Support

Victor Walls

### Webmaster

Vivek Singh



Health Care for the Uninsured

# ANNUAL REPORT 2018-2019



2800 Kirk Avenue  
Baltimore, MD 21218  
[www.shepherdsclinic.org](http://www.shepherdsclinic.org)



# A Letter from the President

I am proud to report that for its 28th year, Shepherd's Clinic has continued to provide free health and wellness services to Baltimore's uninsured. This past year brought celebrations and challenges. With new leadership from Dr. Mariana Izraelson as Executive Director, the Clinic expanded both the Behavioral Health Program and the Diabetes Self-Management Program to better serve our community and its needs. The Clinic's staff grew with the addition of new positions including a Director of Philanthropy, Behavioral Health Coordinator, and a Referral Coordinator.

Unfortunately, in the spring of 2019, a fire in a clothes dryer caused a temporary closure of the Clinic. We were fortunate there was virtually no damage to our space from the fire, nor was there any water damage. Our staff under Mariana's direction did a wonderful job of overseeing the repair of the Clinic and reopening within a month. I am very proud of how they addressed this challenge.

Over the course of the year, we offered a total of 8,591 patient encounters in our Clinic and the associated Joy Wellness Center. The average cost of each encounter was just under \$70. This is truly a testament to how far we stretch every dollar donated. Of course, the essence of our Clinic's operations are our wonderful dedicated volunteers. I am so grateful to our clinicians (MDs, NPs, RNs, and PAs), who provide high quality care to our patients under the leadership of our excellent medical director, Dr. Kathleen McHugh. This year alone they provided 10,525 hours of donated healthcare. I am also grateful to our volunteers who provide critical, nonclinical assistance. The collective effort of this exceptional volunteer team ensures that we can continue to provide quality health and wellness care to many in our city who might very well have no such care available but for our volunteers.

I also want to recognize our exceptional Board of Directors. Our Board consists of eight individuals, each of whom brings substantial qualifications to this role and is dedicated to the Clinic's mission.

I'm also pleased to report that our fiscal year ended with a balanced budget. This is due, of course, to the generosity of our institutional and individual donors, to whom we are so grateful. I would be remiss if I failed to recognize the essential role that MedStar plays in our Clinic's success. MedStar facilities, most notably Union Memorial Hospital, provide the downstream care for our patients. MedStar has been a remarkable partner to Shepherd's Clinic for years, and we are so grateful for their support. I am also grateful to local foundations, state agencies, and our individual donors for your ongoing investment in Shepherd's and your commitment to our mission.

Alan Yuspeh, JD, MBA  
President



\* Event Photography by: Aimee Nguyen

## Revenue and Expenses

FY 2018-2019 \*Preliminary. Audited statement available in early 2020.

### Our Services

TYPE OF VISIT	TOTAL VISITS FY19
Medical Clinic	1309
Behavioral Health	475
Joy Wellness	2242
Other Medical Patient Encounters	4565
<b>TOTAL PATIENT ENCOUNTERS</b>	<b>8591</b>

We are extremely grateful to **MedStar Union Memorial Hospital** and **MedStar Good Samaritan Hospital** for the **454** specialty care services offered to our patients. **We served 726 patients, with 161 new patients.**

### Our Revenue

REVENUE	REVENUE
Community Organizations	\$7,703.12
Congregations	\$8,600.86
Corporations	\$15,161.07
Donated Professional Services	\$500,000.00
Finney Foundation	\$167,971.86
Foundations	\$156,961.41
Fundraiser Event	\$23,280.09
Individuals	\$169,917.42
Patient Donations	\$3,938.50
Sponsorships	\$20,000.00
<b>TOTAL REVENUE</b>	<b>\$1,073,534.33</b>

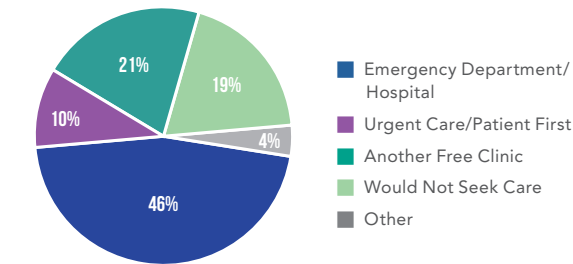
\* Preliminary. Audited statement available in early 2020.

### Our Expenses

CATEGORY	EXPENSES
Facility Maintenance	\$50,625.09
Fundraising Fees	\$14,548.92
Joy Wellness Center Services	\$5,624.61
Laboratory Fees	\$13,291.81
Medications & Medical Supplies	\$41,208.62
Office Expenses & Insurance	\$38,798.62
Payroll	\$341,439.26
Professional Fees	\$16,992.99
Program Services	\$500,000.00
Utilities	\$44,783.76
Volunteer Services	\$4,732.20
<b>TOTAL EXPENSES</b>	<b>\$1,072,045.88</b>

## Patient Impact

### WHERE WOULD OUR PATIENTS GO IF SHEPHERD'S CLINIC WERE NOT AVAILABLE?



In the medical clinic in FY19, **81%** of patients identify as African American, **1%** as Multi-Racial, **4%** as Asian, **3%** as Hispanic, and **11%** as Caucasian. **62%** of patients identify as women. The average age of patients is **49**. **85%** of patients have more than one chronic disease. **67%** of patients receive medications and of those, **85%** are compliant in their medication adherence.

### WHAT OUR PATIENTS SAY

This is a great clinic. The doctor and nurses are great, they care for your health, they treat you with respect. Thank God for this great clinic. I tell people about this clinic. The best people work there. THANK YOU.

Everyone I have encountered with has been a great experience. No complaints, very satisfied and I really appreciate everything from Michele to the secretary. Thank you guys, makes a big difference when people are compassionate.

Shepherd's impacts positively to the health and the Maryland society. I am satisfied with the attitude and the entire staff by virtue and being patient and humble. All the staff are diligent and caring.

Without this clinic I had nothing but high bills from the emergency room that I can't pay. Thanks Shepherd's Clinic and staff, always friendly and concerned.

## Board of Directors

Alan Yuspeh, J.D., MBA, President  
William K. Bleser, Ph.D., MSPH, Vice President  
Elizabeth Burger, MPA, Treasurer  
David E. Finney, Past President  
Stuart B. Bell, M.D.  
Mark J. Bittle, DrPH, MBA, FACHE  
Clifford Mitchell, MS, M.D., MPH  
George Moran, M.D.

We express our appreciation to Dr. Melissa DeLong, Lenora Henry, and Heather Burnside, who retired from the Board in the 2018-2019 fiscal year.

## Our Staff

Mariana Izraelson, Psy.D., Executive Director  
Kathy McHugh, MD, Medical Director  
Michele McComas, RN, Clinical Manager  
Sara Cawrse, CRNP, Clinical Nurse Practitioner  
Lydia Walker, RN, Clinical Coordinator  
Meredith Kerr, RN, Clinical Nurse  
Sheila Wells, Director of Philanthropy  
Jeff Scrivens, Facilities Manager  
Matthew Zhou, Patient Intake Specialist  
Luke Bonanni, Referral Coordinator  
Ellen Sangiamo, Volunteer Coordinator  
Tracy Holcomb, RN, Joy Wellness Program Director  
Sina Ghirma, Joy Wellness Program Coordinator

## William H. M. Finney Foundation

The idea for a clinic dedicated to serving uninsured people took root in 1989 in response to Union Memorial Hospital's emergency room seeing a large number of uninsured individuals who found no other alternative for their healthcare. After learning about the grassroots effort to establish a clinic for those in need, Dr. William Finney, retired UMH chief of staff, joined as the Shepherd's Clinic's first volunteer medical director.

In 1999, several supporters of the Clinic created a foundation and named it in Dr. Finney's honor. The Foundation purchased and renovated the building at 2800 Kirk Ave, and it continues to provide tremendous support to the Clinic and the Joy Wellness Center by providing rent-free space as well as operating grants to assist the Clinic in meeting its expenses.

David Finney, President  
Clark Finney, Recording Secretary  
Melissa DeLong, MD